



## **District 4 Newsletter**

**June, 2021**

### **Digby / Yarmouth Counties**

**The following meetings have restarted in-person meetings:**

**Digby Nor'easter Group - Wesley Church (basement door), Digby.**

**Thursday night - Big Book Study, Meeting at 8:00 PM.**

**12 Step Group – Beacon Church, Beacon Street, Yarmouth.**

**Monday and Wednesday night. Meeting starts at 7:00 PM**

**(This AA in person meetings in District 4 is Covid Suspended until further notice.)**

**Meteghan - 24 Hour-A-Day Group - Meteghan Library (basement door)**

**(This AA in person meetings in District 4 is Covid Suspended until further notice.)**

**All other AA in person meetings in District 4 are Covid Suspended.**

#### **District 4 Zoom Meetings:**

**Digby – One Day at a Time every night at 7:00 PM. Website below:**

**<https://us04web.zoom.us/j/646368284?pwd=L3VWb1hzOTNCODdmM1d3NUFXWUZPUT09>**

**Meeting ID: 646 368 284**

**Password: 841895**

**Yarmouth – Nova Group**

Tuesday, Thursday and Sunday (Step and Tradition) evenings... **Meeting starts at 7:00 PM.**

Web site:

<https://us02web.zoom.us/j/82262737350?pwd=UEkwNkxiWVQ5Y3VsU0lhd0s3Yk5LUT09>

Meeting ID: 822 6273 7350

Password: 784073

You can phone into the meeting as well. **There is a long distant charge for the phone usage and also it counts towards your data, so check before using Zoom on your phones.**

Dial by your location

**+1 647 374 4685 Canada** (Toronto)

+1 438 809 7799 Canada (Montreal)

## **District Meetings:**

**The May 30<sup>th</sup> District Meeting has been cancelled.** The next District Meeting will be held on the last Sunday in Jun 28<sup>th</sup> at 1:00 PM. At Meteghan Library. Anyone interested please come along and see how AA works. Be part of rather than a watcher.

## **District 4 committee members:**

DCM:	Pete N.	Alt DCM:	Elie D.	Secretary:	Shannon C.
Treasurer:	Daniel P.	Literature:	Shawn M.	Wellness:	Daniel P.
Institutions:	Barrie M.	Newsletter:	Al G.		

## **Group GSR's:**

12 Step Group - Yarmouth: Sonya S.      24 Hr a Day Group - Meteghan: Shannon C.

Acadian Group - Amiraaults Hill: Barrie M.      Nova Group - Yarmouth: Vacant.

Digby Nor'easter Group - Digby: Graham G.      One Day at a Time Group-Digby: Murdoch G.

Nova Group has no GSR at this time but a contact person is Raymond C. – 902-742-5250.

**The Twelve Step message is the primary reason for our deliberations.**

**The General Service Representatives, District Committee Members and Area Officers have the opportunity to share, discuss and receive valuable insight that will be of assistance to local groups.**

**2021 District 4 Round Up** (Covid Suspended)

## Group's Birthdays for June, 2021

People are still staying sober one day at a time. I want to acknowledge these achievements in sobriety. So, if you are thinking of these people...what a great time to call them or text them.

**Acadian Group – Amiraults Hill:** Last Friday of the month, Jun 25<sup>th</sup>. Open speaker meeting.  
(Covid Suspended)

David H. – 5 yrs.

**Digby Group -One Day at a Time:** Last Friday of the month, Jun 25<sup>th</sup>. Open speaker meeting. (Covid Suspended)

No birthdays to report.

**24 Hour A Day Group - Meteghan:** Last Thursday of the month, Jun 24<sup>th</sup>. Open speaker meeting. (Covid Suspended)

Elie D. - 38 yrs.

John Marc - 5 yrs.

Jamie – 2 yrs.

**Digby Nor'easter Group -Digby:** Thursday BB Study Group

No birthdays to report.

**Nova Group - Yarmouth:** Last Saturday of the month, Jun 26<sup>th</sup>. Open speaker meeting.  
(Covid Suspended)

No birthdays to report.

**12 Step Group - Yarmouth:** Second Monday of the month, Jun. 14<sup>th</sup>. Open speaker meeting.  
(Covid Suspended)

David A. – 29 yrs.

Chris P. – 10 yrs.

## Upcoming Events

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Crosbie House is wanting connections for their clients with someone in AA. If you are interested in leaving your name and number contact your GSR or myself and I will pass along to our DCM Pete N.

Stay in touch with Area 82 (NS and NF) and Area 81 (PEI and NB). The area website has links to all the Zoom meeting in the Maritimes as well.

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<http://www.area82aa.org/events> (Look under the Events tab)

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2021 Area 82 Spring Assembly

May 28 – 30, 2021, Start Friday evening

There will be AI-Anon participation

I have enclosed the flyer on this email.

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55<sup>th</sup> NS AA Provincial Round-up (1 day) – “AA in a Time of Change” (on line)

Jun 12<sup>th</sup>, 9:00 AM - 7:00 PM

There will be AI-Anon participation

I have enclosed the flyer on this email.

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## **Letters or emails sent for inclusion for this newsletter**

A friend of mine phoned me and said to listen to what was in the latest Grapevine. It was a William Blake quote. Once he read it, it instantly reminded me of my great friend Frank S. from the Garnet Bock in Calgary. I told me friend I have heard this saying or quote for the past 30 some years. I would like to share it with you all.

I sought my soul, my soul I could not see.

I sought my God, but my God eluded me.

I sought my brother, and there I found all three.

Yours in Service,

Al G. (the Fun gi)

