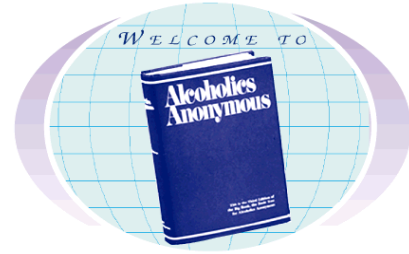


# DISTRICT 3 AA NEWSLETTER JANUARY 2019



## COURAGE TO CHANGE THE THINGS I CAN

### DISTRICT 3 SERVICE INFORMATION

#### TRUSTED SERVANTS

DCM	Tim M.
Alt. DCM	Jean M.
Secretary	Vacant
Treasurer	Frank E.
Information Sessions	Johnena K.
Literature	Dale V.
District Phone	Sandy P.
CPC/PI	Jean M.
Newsletter Editor	Kim S.
Webmaster	Matt D.

#### DISTRICT 3 GROUPS (11)

Annapolis, Aylesford, Berwick, Bridgetown, Cambridge, Fundy, Gaspereau, Kentville, Kingston, Meadowview, Middleton.

\*\* For meeting locations and times, visit the Area 82 Website at <https://www.area82aa.org/meetings> or get a meeting card at any group.

#### CONTACT INFORMATION

DCM, 902-300-4742  
 Alt. DCM, 902-300-3453  
 AA Help Line, 902-691-2825  
 Newsletter Editor, 902-804-9207,  
[aadistrict3newsletter@gmail.com](mailto:aadistrict3newsletter@gmail.com)  
 Information Sessions, 902-349-0015

CPC/PI, 902-300-3453  
 Middleton Detox, 902-825-6828, ext 2854  
 8:30am-4:30pm

#### DISTRICT MEETING & INFORMATION SESSION

##### Sunday, Jan 20

1:00pm – Information Session - Review of Guidelines for GSRs and Trusted Servants – **all welcome!**

2:00pm – District Meeting

##### Future Information Sessions

Anyone interested in hosting an information session should contact our Information Session Coordinator, Johnena K., at 902-349-0015 or [johnenakennedy@gmail.com](mailto:johnenakennedy@gmail.com)

#### INSTITUTIONAL MEETINGS

##### Crosbie House

Jan 1 – Hantsport  
 Jan 8 – St. Croix  
 Jan 15 – Windsor  
 Jan 22 – Gaspereau  
 Jan 29 – Brooklyn

##### Middleton

Jan 2 – Kingston  
 Jan 9 – Aylesford  
 Jan 16 – Middleton  
 Jan 23 – Bridgetown  
 Jan 30 - Fundy

**If you cannot put on your meeting, please call by 6pm on the day of the meeting.**

- Middleton, Sandy P., 902-804-9247
- Crosbie, Richard D., 902-582-7592

## AND WISDOM TO KNOW THE DIFFERENCE

## DISTRICT 3 AA NEWSLETTER, JANUARY 2019 continued

### **BIRTHDAYS AND GROUP ANNIVERSARIES**

Jan 10 8pm	BRIDGETOWN Sam M. Sandy P.	Open 3 yrs 5 yrs
Jan 19 7pm	KINGSTON Wayne O.	Open 37 yrs
Jan 21 8pm	MIDDLETON Mike P. Frank E.	Open 3 yrs 36 yrs
Jan 27 7pm	AYLESFORD Mike D. Guy C. Patty B.	Open 3 yrs 9 yrs 24 yrs
Jan 27 8pm	GASPEREAU Malcolm M.	Open 35 yrs
Jan 30 8pm	ANNAPOLIS Gwen G.	Open 2 yrs
Jan 31 8pm	CAMBRIDGE John V. Tim M. Mike C.	Open 3 yrs 6 yrs 7 yrs

### **IMPORTANT ANNOUNCEMENTS**

Meeting Time Change  
Berwick Big Book Study Group  
Effective, **4 Jan 2019**, the start time of the Friday night Berwick Group meetings will change to 7pm. Please announce this change at your meetings!

Meeting Time Change  
Meadowview Group  
Effective **7 Feb 2019**, the start time of the Thursday night Meadowview Group will change to 7pm. Please announce this change at your meetings!

Middleton Meeting Location  
Middleton Group meeting is now held at the Anglican Church, 45 Main Street (just past the Dept of Highways Office). Meeting time remains 8pm. The church is wheelchair accessible, and non-smoking, although a butt can is available.

### **“GOLD NUGGETS” HEARD AT MEETINGS**

*If you continue to do what you've always done, you'll continue to get what you've always got.*

*What other people think of me is none of my business.*

*Time doesn't heal anything. It is what you **do** with the time that makes the difference.*

*Watch my thinking – it is the nature of my illness that I would impede my own recovery.*

### **From your Newsletter Editor:**

I am happy to serve as your Newsletter Editor. Please continue to send the 'Gold' for the newsletter to [aadistrict3newsletter@gmail.com](mailto:aadistrict3newsletter@gmail.com) so that all members can benefit from something that touched your heart, or aided in your recovery.  
Yours in Service,  
Kim S.  
Newsletter Editor

Updated Dec 31/18