



NEWSLETTER



AREA 82 · DISTRICT 3 · ANNAPOLIS/KINGS COUNTIES

P.O. Box 101 Kentville, NS B4N 3V9

www.area82aa.org/district3/

AA Phone Line: 902-691-2825

February 2012

District Service Meeting

February 19, 2012- 2:00 pm
MACS Center, Kingston

District Service Workshop

February 19, 2012- 1:00 pm
MACS Center, Kingston
Facilitators: Pat M.
Topic: Introduction to CPC/PI

Institutional Meetings

Crosbie House

February 7: FOS
February 14: St. Croix
February 21: Windsor
February 28: Meadowview

Middleton Treatment

February 1: Aylesford
February 8: Berwick
February 15: Kingston
February 22: Middleton
February 29: Annapolis

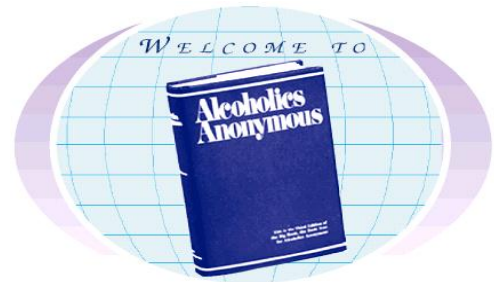
If your Group is unable to meet your commitment, please call Rod at 538-8181 no later than 6 pm the day of the commitment.

District Contact Information

DCM: Stanley C.: 902-760-1449 stanleycollier@hotmail.com
Alternate DCM: Mark F. 902-538-8338 markflawn@bellaliant.net
District Secretary: William D. 902-312-1094 william.dockrill@gmail.com
District Treasurer: Keith P. 902-765-2429
Literature Depot: Don N. 902-678-4068
Grapevine: Dale V. 902-765-8709
Newsletter: Bryon C. 902-582-2415 bryonc@bellaliant.net
Web Master: Mark F. 902-538-8338
PI/CPC: Pat M. 902-532-0915

Institutional Coordinators

Middleton Treatment: Rod 902-538-8181
Crosbie House: Richard D. 902-582-7592



All Newsletter submissions must be received by the coordinator by the 3rd Sunday of the month



Group and Service Announcements



February 2012

Birthdays and Announcements listed are current at time of publication.
Please check the District 3 website for late notices and the most up to date information.
www.area82aa.org/district3/

Group Birthdays

All Birthdays are Open Meetings unless otherwise indicated

Thursday February 9 8 pm	Bridgetown Group	Russell H. Connie C. Carl Y. Iva G.	19 Years 20 Years 29 Years 38 Years
Friday February 17 8 pm	Berwick Group	Alan R.	19 years
Saturday February 18 8 pm	Fundy Group	Joan S.	1 Year
Saturday February 18 7 pm	Kingston 12 Step Group	Dan N. Stephen H. Peggy L. Allan M.	13 years 12 years 10 years 24 years
Sunday February 26 8 pm	Aylesford Group	Mona A.	12 Years
Sunday February 26 8 pm	Gaspereau Candlelight Group	Gary B. Malcolm M.	3 Years 27 Years
Wednesday February 29 8 pm	Annapolis Group	Wallace M.	36 Years

AA in Halifax Hospitals

AA Districts 1 & 2 have a Hospital Visitation Chairman who will arrange visitations for any member that is a patient in a Halifax Area Hospital.
Contact: WADE H. (902) 969-3753
Email: wttv@hotmail.com

Breakfast without Boys

Women's Recovery Meeting
February 4th, 8:30 am,
Smitty's Restaurant
New Minas

Meeting Cancellation

The Wednesday Night ABC Meeting has been cancelled until further notice.

Treatment Center Meetings

In this newsletter are reprinted from GSO's "Treatment Facilities Workbook", suggested guidelines for Information Meetings at Crosbie House and Middleton Detox. Members are encouraged to read and consider these guidelines, and let their GSR know what they think. You will find these guidelines at our District website as well.

Significant February Dates in AA History

- February 21, 1939 - 400 copies of the Big Book manuscript were sent to doctors, judges, psychiatrists, and others for comment.
- February, 1939 - Dr. Harry Tiebout endorsed AA, the first psychiatrist to do so.
- February, 1940 - 1st AA clubhouse opened at 334-1/2 West 24th Street, NYC.
- February 18, 1943 - AA's were granted the right to use cars for 12th step work in emergency cases, despite gas rationing.
- February 5, 1941 - Pittsburgh Telegram ran a story on the first A.A. group's Friday night meeting of a dozen "former hopeless drunks."
- February 2, 1942 - Bill W. paid tribute to Ruth Hock, AA's first paid secretary, who resigned to get married. She had written approximately 15,000 letters to people asking for help
- February, 1959 - AA granted "Recording for the Blind" permission to tape the Big Book.
- February 14, 1971 - AA groups worldwide held a memorial service for Bill Wilson.
- February, 1981 - 1st issue of "Markings," AA Archives Newsletter, was published, "to give the Fellowship a sense of its own past and the opportunity to study it."

When anyone, anywhere, reaches out for help, I want the hand of AA always to be there.

And for that, I am Responsible

A.A. District 3, Nova Scotia
District Meeting List - October 20, 2011
A.A. Phone Line: 902-691-2825
www.area82aa.org/district3/

The only requirement for A.A. membership is a desire to stop drinking

District 3 Service Leadership and Coordinators

DCM: Stanley 760-1449 Newsletter: Bryon 582-2415
 Alternate DCM: Mark F. 538-8338 PI/CPC: Pat M. 532-0915
 Secretary : William 312-1094 Institutional Meetings:
 Treasurer: Keith P. 765-2429 Middleton Detox: Rod 902-538-8181
 Literature Depot: Don N. 678-4068 Crosbie House: Richard 582-7592
 Dale 765-8709
 Web Master: Mark F. 538-8338
 Grapevine: Dale 765-8709

All A.A. meetings are closed discussion unless otherwise indicated.

Closed Meetings are only for A.A. members and those with a desire to stop drinking.
Open Meetings welcome anyone interested in A.A.'s program of recovery from alcoholism

Al-Anon Family Groups Contacts

For all Al-Anon group meeting information call 1-888-4AL-ANON

For District 3 Annapolis Valley Al-Anon meeting information:

Dale: 798-4037 Theresa: 798-4746 Pat: 542-9710
 Kay: 765-8707 Maxine: 532-5947

MONDAY

Kentville Group 8 pm
 118 Oakdene Ave., Christian Reformed Church
Open meeting last Monday of the month
 Ken 670-8521 Jack M. 681-0756
Middleton Group 8 pm
 Baptist Church Basement, Middleton
Open Speaker meeting 3rd Monday of the month
 Barry 825-4833 Frank 825-4468

TUESDAY

Greenwood Big Book Study Group 8 pm
 St Marks Chapel Annex, 13 Church St., Greenwood
 Jim 765-0124
Kingston 12 Step Group 8 pm
 MACS, North Bishop Rd. Kingston
Topic Discussion
 Joe F. 825-1210 John F. 538-0721 / 690-7723

FRIDAY

Berwick Group 8 pm
 Roman Catholic Church Hall, Mill St, Berwick
Open meeting 3rd Friday of the month
 Al 538-1903 Wayne 375-2045
Fellowship of the Spirit Group 7:30 pm
 Kings Presbyterian Church, 5563 Prospect Road, New Minas, NS.,
 (At Exit 12 of Hwy. 101 just past the Irving Big Stop)
 Richard D 582-7592 Earl F. 678-9445

WEDNESDAY

Annapolis Group 8 pm
 1st Baptist Church, George St, Annapolis Royal
 William D. 312-1094 Harland G. 665-4736
New Minas Meeting 8 pm
 7th Day Adventist Church, across from golf course
 Don 678-4068 Benjie 679-1946

SATURDAY

Women's Recovery 'Breakfast Meeting' 8:30 am
First Saturday of the month at Smitty's Restaurant Banquet Room, New Minas.
 Susan C. 902-684-9068
Kingston 12 Step Group 11 a.m. also **Open Meeting 3rd Saturday.** 7 pm
 MACS, North Bishop Rd. Kingston.
 Joe F. 825-1210 John F. 538-0721/690-7723
Fundy Group 8 pm
 345 Main St, Kentville (Recreation Centre - front entrance)
 Susan C. 684-9068 Benjie 679-1946

THURSDAY

Bridgetown Group 8 pm
 Anglican Church, Church St.
Open meeting second Thursday of the month
 Iva 665-2021 Jim 825-6213
Cambridge Fellowship Group 8 pm
 United Baptist Church, Cambridge
Open meeting last Thursday of the month
 Kim P. 678-0920 Terri B. 365-2743
Meadowview Group 8 pm
 North Alton Baptist Church, Kentville at Exit 13 of Hwy. 101
Open meeting first Thursday of the month
 Bryon 582-2415 Joy 678-5553

SUNDAY

Fundy Group 11 am
 345 Main St, Kentville (Recreation Centre - front entrance)
 Susan C. 684-9068 Benjie 679-1946
Aylesford Group 8 pm
 United Church Hall, 2414 Highway #1 Aylesford
Open meeting last Sunday of the month
 Mark R. 825-1588 Carlton G. 847-2345
Gaspereau Candle Light Group 8 pm
 Gaspereau Elementary School Cafeteria
 Bob M. 542-2721 Larry L. 684-9492, cell 670-9818
Candle Light AA Meeting 8 pm
 Upper Clements Hall, 2951 Highway 1 adjacent to Upper Clements Park.
 William D. 312-1094 Harland G. 665-4736.

Presentations to Treatment Setting Clients

Some basic guidelines:

1. Remember that this is basic Twelfth Step service. The goals of A.A. and the treatment setting are the same: The recovery of the alcoholic.
2. Avoid drunkalogues. Keep comments strictly to A.A.-related matters. Do not comment on the facility's policies or practices!
3. Familiarize yourself with the pamphlets "A.A. in Treatment Facilities," "Bridging the Gap," and "Speaking at Non-A.A. Meetings" before your presentation. Working with members of the Treatment Committee or with your group, it may be helpful for you to run through or even rehearse the presentation the first few times.
4. Provide copies of the following Conference-approved pamphlets: "Questions and Answers on Sponsorship," "Where Do I Go from Here?," "A.A. at a Glance," "Information on Alcoholics Anonymous," "Problems Other Than Alcohol." You should also provide copies of a local A.A. meeting list or directory.
5. Always remember that you are representing Alcoholics Anonymous. Be on time, courteous, and well groomed. For many in your audience, this will be their first impression of Alcoholics Anonymous. Make it a good one!

A Suggested Information Presentation Outline:

1. Introduction: Why you are there. (To carry the message of Alcoholics Anonymous; what it is and what it is not.)
2. Show an A.A. DVD, such as Hope: Alcoholics Anonymous or A.A. Videos for Young People.
3. Read and explain the A.A. Preamble.
4. Explain, in general, the Twelve Steps and Twelve Traditions.
5. Briefly describe the various types of A.A. meetings: open, closed, speaker, discussion, etc.
6. Mention the local A.A. meeting list and worldwide availability of A.A.
7. Share some ideas about what they may expect in A.A.: The Home Group, Sponsorship, Fellowship, Service.
8. Tell them about A.A. literature: Books, pamphlets, videos, tapes, the Grapevine, La Viña, etc., and where they may be obtained.
9. Outline the Temporary Contact Program.
10. Always, try to leave time for a general question and answer session. Stick to A.A. and your own experience. Steer discussion away from therapeutic "issues."
11. Thank you and close.