

## THURSDAY

### Antigonish AA Group

326 Main St., Antigonish  
S 8pm  
Cathy Mae 631-1555 Ivan 232-3029

### HOW Group

New Glasgow Firehall (upstairs)  
CS 8:30pm  
Jim 755-3465

### Pictou Harbour Group

Old Pictou Road  
CD 8pm  
Ray 485-8606 Leo 485-4100

## FRIDAY

### Hope Group

Sister Catherine Steele Centre  
Stellarlon  
OS 8pm (open meeting last Friday of month)  
Bernice 752-1026 Tim 752-2757

### Aspen AA Group

Lion's Den Hall- Antigonish  
OS 7:30pm  
Chris 735-2859

### Trenton 24 hr Group

13 Pleasant St., Trenton  
OS 8pm  
Mary 396-1137 Steve 752-4997

## SATURDAY

### Antigonish AA Group

326 Main St., Antigonish  
D 7:30pm  
Cathy Mae 631-1555 Ivan 232-3029

### Easy Does it Group

St. Andrews Presbyterian Church Hall  
Church St., Westville  
OS 8pm  
Dorothy 396-5473 Norm 396-3181

### Trenton 24 hr Group

13 Pleasant St., Trenton  
Big Book Discussion  
CD 12pm  
Mary 396-1137 Steve 752-4997

### Auld's Cove AA Group

FireHall  
OS 8pm  
Charlie 234-3427 Mike 232-2822

## AL-ANON GROUPS

### Port Hawkesbury Al-Anon

Strait Serenity Club, Church St.  
Port Hawkesbury, Tuesday 8pm  
Annie 625-5065

### Helping Hand Al-Anon

HOW Club Rooms, Antigonish,  
Tuesday 8pm

### 3's Al-Anon

Trinity United Church Hall  
New Glasgow, Wednesday 8pm

### Trenton Al-Anon

14 Pleasant St., Trenton, Thursday 8pm

### Al-Anon Survival to Recovery

### Adult Children of Alcoholics

Pictou Detox, Elliot St  
Tuesday 7:30pm

Brenda 485-8653

### Glendale HOW Club, Thursday 8pm

Jessie 625-2176

### Monastery Serenity Group

Upper Big Tracadie Community Centre  
Monday 8:30pm  
Tony 234-2652



**DISTRICT 7  
MEETING SCHEDULE  
EFFECTIVE: FEB 2009**  
[www.area82aa.org/district7](http://www.area82aa.org/district7)

**CD – closed discussion  
CS – closed speaker  
D – discussion  
OS – open speaker  
S – speaker**

Contact Blaise if interested in more literature at 902-863-6053

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**SUNDAY****Guysborough AA Group**

Royal Canadian Legion - OS 8pm  
Heather 533-2763 John 533-2763

**Pictou Harbour Group**

Old Pictou Rd. - OS 8pm  
Ray 485-8606 Leo 485-4100

**Port Hawkesbury AA Group**

Strait Serenity Club, Church St.  
CD 11am - Kirk 535-3715

**Information Meeting**

Pictou Detox Centre, Elliot St.  
OS 2:30pm - Roddie 396-1360

**Antigonish AA Group**

326 Main St. Antigonish  
12 Step Meeting 7:30pm  
Cathy Mae 631-1555 Ivan 232-3029

**H.O.W. Group**

New Glasgow Firehall (upstairs)  
OS 8pm  
Jim 755-3465

**Hope Group**

Sister Catherine Steele Centre,  
Stellarton - CD 12:30pm  
Bernice 752-1026 Tim 752-2757

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**MONDAY****Trenton 24hr Group**

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CS 8pm  
Mary 396-1137 Steve 752-4997

**Hope Group**

Sister Catherine Steele Centre  
Stellarton – CD 8pm  
Bernice 752-1026 Tim 752-2757

**Information Meeting**

Strait Richmond Hospital  
Evanston Cafeteria 8pm

**Cape George AA Group**

Old Cape George School  
OS 8pm  
Hugh 863-4438 Allan 863-5303

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**TUESDAY****Stellarton Discussion Group**

Sister Catherine Steele Centre  
CD 8pm  
John 752-0001 Lauchie 752-5033

**Unity AA Group**

St. James united Church  
Corner Main & Church St. Antigonish  
OS 8:30pm  
John H. 863-6788 Margaret 863-0720

**11<sup>th</sup> Step Group**

Pleasant St., Trenton  
OS 8pm  
Maureen 752-0994

**Lismore Shore Group**

Lismore Community Centre  
CS 8pm (OS last Tuesday of month)

**Antigonish AA Group**

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Women's Discussion 12pm  
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**Easy Does it Group**

St. Andrews Presbyterian Church  
Church St., Westville  
OS 8pm  
Dorothy 396-5473 Norm 396-3181

**Lakevale Big Book Group**

Mini Trial Community Centre  
(Formerly Lakevale School)  
OD 8pm  
Gerry 63-0081 Dick 328-2677

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Church St., Port Hawkesbury  
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